

1430 BROADWAY SUITE 601 • NEW YORK, NY 10018 PHONE: 212.315.5505

Betsy Helmer

FILM

The Launch Supporting Julia Kennedy / KK Apple *Official Selection at SIFF

Lunar Maria Supporting Temple / Marygrace Navarra

TELEVISION

The Marvelous Mrs. Maisel Co-Star Amazon / Scott Ellis FBI: Most Wanted Co-Star CBS / Ludovic Littee The Enemy Within Co-Star NBC / Charles Beeson

COMEDY/IMPROV

Upright Citizens Brigade Theatre **UCB Touring Company** Improviser

Squirrel Theatre, BCC - NY Shrecc Improviser Money Money

Upright Citizens Brigade Theatre House Team Improviser

Din-Din House Team Improviser Upright Citizens Brigade Theatre

NY

Forum Theatre

THEATRE

The "T" Party

READINGS That Summer in Sumner

The Fox on the Fairway Louise Florida Repertory Theatre Chris Clavelli Florida Repertory Theatre Steel Magnolias Jason Parrish Annelle Shakespeare in Love Viola de Lesseps New Stage Theatre Francine Reynolds Baby Doll New Stage Theatre Rus Blackwell Babydoll **Pilgrims** Girl **Urbanite Theatre** Carl Forsman Women in Jeopardy Pioneer Theatre Company Karen Azenberg Amanda The Fox on the Fairway Louise Arrow Rock Lyceum Theatre Peter Reynolds Arrow Rock Lyceum Theatre Murder on the Nile Christina Michael Rothhaar As You Like It Rosalind Alabama Shakespeare Festival Greta Lambert Alice in Wonderland Queen of Hearts, Cook Alabama Shakespeare Festival Nancy Rominger

Elizabeth

Mosaic Theater Company Victoria Murray Baatin Mosaic Theater Company

Natsu Onoda Power

Benevolence Caroline Ifa Bayeza Native Son Mosaic Theater Company Psalmeyene 24 Mary Kennedy Center Will Davis Cleave Pina The Family That Lays Together Arena Stage Nella Shawn Northrip

Breeland/Caroline/Bobby

COMMERCIALS

CONFLICTS AVAILABLE UPON REQUEST

TRAINING

B.A. PSYCHOLOGY/THEATRE & PERFORMANCE STUDIES, Georgetown University (Magna Cum Laude) IMPROV (Upright Citizens Brigrade) Molly Lloyd, Nicole Drespel, John Timothy, Zack Willis, Johnna Scrabis, James Dwyer, Eric Gersen, Ben Rameaka, Alex Dickson, Connor Ratliff, Ray Cordova, Abra Tabak, Mike Kelton, Patrick Keene ACTING: Bob Krakower, Seth Barrish, Lee Brock (The Barrow Group Master Class), Brian McManamon, Ellen Newman (RADA) PHYSICAL THEATRE: Pig Iron Theater Company, Synetic Theater Company

SKILLS

Motion Capture, Yoga Teacher (RYT - 800 HRS), Handstand/Headstand, Splits, Jump Rope, Conversational French, Dialects (Southern, New York, Minnesota, British RP, Cockney, Irish)